



TOGETHER

Project Number: 2019-1-PT01-KA203-060772

Three Steps for My Intercultural Competence

Link: https://pjp-eu.coe.int/documents/42128013/47262514/Act19.pdf/b872dc2a-8972-295a-e0c4-fbb764950252 [with minor adaptations]
Group size: Any
Duration: 100 minutes
Objectives: <ul style="list-style-type: none">• To support participants in making a self-assessment of their competencies related to intercultural learning.• To raise awareness of the lifelong learning aspect of intercultural learning.• To encourage participants to obtain ideas on how to further develop their intercultural competencies
Description: <ol style="list-style-type: none">1. Start by asking participants how they feel about their competencies to deal with intercultural relations. Ask them to think of concrete examples, such as when they met someone from a different country or with a different cultural background, when they witnessed discrimination towards people or when they felt misunderstood concerning their cultural belonging. Inform them that this activity will allow them to reflect upon their intercultural competencies and get some ideas of how to further develop them.2. Give each participant a copy of the handout with the competence sheet and explanation (available on the activity's website). Divide participants into pairs, and ask them to go through the competence sheet together with their peers. For each of the 13 competencies, ask participants to discuss with their peers a strength they have and something they want to improve. They may wish to skip some competencies if they do not have ideas on them or they find them too complex. These can be discussed later in the debriefing.3. At the end of the peer-group discussion, ask each participant to identify up to three steps for what they would like to do to have improved their competencies a year from now. Ask them to be realistic when identifying these steps.4. Give participants 40 minutes for working together on their competencies and for identifying their main three steps for the future.5. Bring the pairs back to form the main group again, and have a round of sharing the individual three steps. If participants have similar ideas about what they could do – for example, learn more about human rights or organise an intercultural neighbourhood event – these could also become ideas for the whole group to act upon. <ol style="list-style-type: none">1. 6A debriefing discussion follows.
Debriefing - Evaluation: <p>Move to the debriefing and use the following questions.</p> <ul style="list-style-type: none">• Was it helpful to analyse your competencies? Did anything surprise you?• What were the most challenging competence components?• What do you think about what people wanted to learn more about?• How could you make sure that you follow the three steps of your plan? What would help?



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